

CURRICULUM VITAE

Dr. Mohamed Ali El-sayed Abdallah

Doctoral Degree of Physical Therapy (2023)

Master Degree in Physical Therapy (2016)

(Bachelor of physical therapy) (2002)

drmohamedali611@gmail.com

mabdullah@philadelphia.edu.jo

Personal data:

1. **First name(in full)**: Dr. Mohamed Ali El-sayed Abdallah
2. **Date of Birth** : August 8, 1981.
3. **Place of birth** : Hehia City, Elsharkia, Egypt.
4. **Permanent address**: 9 st Mohamed atwa elsogher elsarahna a. , Hehia, Elsharkia, Egypt.
5. **Contact phone** **:Mobile:01200996452 - 01006529602**
   Jordan mobile : 0781537567
6. **Marital status**: Married and has four children
   E-mail address: drmohamedali611@gmail.com
   National ID number: 28108081303755

EDUCATION:

Faculty: Faculty of Physical Therapy, Cairo University.

- Bachelor of Physical Therapy (May 2002), with grade status Good

Master Degree in Physical Therapy for Growth and Develop. Disorder in Children and Its Surgery Fac. Phys. Therapy
Cairo Univ. **(2016)**, with grade status: Good.

PHD degree in physical therapy for Growth and Develop. Disorder in Children and Its Surgery Fac. Phys. Therapy
Cairo Univ. **(2022)**, with grade status: Good.

The address of master thesis: EFFECT OF INTENSIVE HAND THERAPY ON QUALITY OF LIFE AND HAND PERFORMANCE ON BURNED CHILDREN

My published article of master: correlation between hand function performance and quality of life in post thermal hand injured children. 2016.

The address of doctoral thesis: Virtual Reality Versus Whole Body Vibration on Lower limb Strength and activity of daily living in Children with Burn. 2022

My new published article of doctoral: VIRTUAL REALITY VERSUS WHOLE BODY VIBRATION ON QUADRICEPS MUSCLE STRENGTH IN CHILDREN WITH THIGH BURN. 2022.

Ass. Prof. Physiotherapy Department
Faculty of Allied Medical Sciences/ MEU from 21-11-2023 to 31-8-2024
Ass. Prof. Physiotherapy Department
Faculty of Allied Medical Sciences/ Philadelphia from 1-10-2024 till now

RECENT published 2024

https://doi.org/10.33472/AFJBS.6.4.2024.619-627

1. **Effect of scapular stabilization exercises on dorsal pain and function on multiparous women with large size breast**

   Mohammed Elsayed[1], Ghada R. Dabash[2], Reham M. Abd Elrahim[3], Khaled Takey Ahmed[4], Mohamed Ali Elsayed[5], Shereen M. Said[6]

2. **PREVALENCE OF LUMBOSACRAL RADICULOPATHYAMONG PHYSIOTHERAPISTS OF PEDIATRICREHABILITATION**

Mostafa S. Ali1,2*, Kerolous Ishak Shehata Kelini2,3, Mohamed Ali Elsayed4, Dina Othman shokri galal5 and Radwa S. Abdul-Rahman1,6

RECENT published 2025

1. **Case Study: Rheumatoid Arthritis in a 67-Year-Old Female - Physical Therapy and Treatment Management.**

   Faris Bani Yasin, D[1], Fuad Abdulla[2], Mohamed Ali Elsayed[3], Atef Mohamed Doweir[41]Assistant Professor, Department of Physical Therapy, Philadelphia University, Amman, Jordan [2]Professor, Department of Physical Therapy, Philadelphia University, Amman, Jordan, [3]Assistant professor of physical therapy for pediatrics (Faculty of Allied Medical Science of Philadelphia University). Jordan[4]Assistance Professor, Department of Physical Therapy, Philadelphia University, Amman, Jordan

Case Study: Rheumatoid Arthritis in a 67-Year-Old Female - Physical Therapy and Treatment Management. SEEJPH Volume XXVI, S1, 2025, ISSN: 2197-5248; Posted:05-01-2025

https://www.seejph.com/index.php/seejph/article/download/3986/2619/6192

2. Surveying the Role of Telemedicine in Physiotherapy: Barriers and Opportunities in Remote Care Delivery

Ahmed. M. Abu Ryash1, Mohamed A. Elsayed2, Dina M. Abdelhamid3, Amina M. Abdelhafez4, Lujain W.Alababseh5, Ahmed M. Mostafa6, Emad E. Mohamed7, Sami A. Basha8, Heba M. Gaber9, Wessam A. Mohamed10

Journal of Neonatal Surgery ISSN(Online): 2226-0439 Vol. 14, Issue 4 (2025) https://www.jneonatalsurg.com

Surveying the Role of Telemedicine in Physiotherapy: Barriers and Opportunities in Remote Care Delivery | Journal of Neonatal Surgery

3. A Family History of Polyps in Patients with Colorectal Serrated Polyps Augments the Risk of Colon Cancer in Jordan

Faten Mohamed Mohamed Elnozhá1, Ahmed Abu Ryash2, Lashin Saad Ali3, Walid Elsayed Hussein Ahmed Arafat4, Rasha M. Attia5, Mohamed Ali Elsayed6, Amina Mohamed Thabet Abdelhafez7, Tarek H. Mahmoud*8, and Samiha Mohamed Ibrahim Abdelkader9

Deraya international journal for medical sciences and rehabilitation

Deraya University, Faculty of Physical Therapy , DIJMSR 2025 1 (1) 50-60

4. **The Role of Physiotherapy in Post-Surgical Recovery: From Passive Healing to Functional Empowerment.**

Hothaifa Ameen Omari1, Falastine Rafiq Hamdan2, Mohamed Ali Elsayed3, Rasha Attia4, Amash H. A. Alajmi5, Lamiaa Abd El Hakeem Ali Ahmed6, Ghada Sobhy Hassan7, Samaher Alowaydhah8, Diyaa A. Saleh9, Salwa M. Bayomi10, Tahani Maharem11

Journal of Carcinogenesis, ISSN:1477-3163 ***2025;Vol24:Issue5s,****https://carcinogenesis.com*

How to Cite: Hothaifa Ameen Omari, Falastine Rafiq Hamdan, Mohamed Ali Elsayed, Rasha Attia, Amash H. A. Alajmi, Lamiaa Abd El Hakeem Ali Ahmed, Ghada Sobhy Hassan, Diyaa A. Saleh, Salwa M. Bayomi, Tahani Maharem, (2025) The Role of Physiotherapy in Post-Surgical Recovery: From Passive Healing to Functional Empowerment, *Journal of Carcinogenesis*, *Vol.24*, *No.5s*, 299-309.

5. **Investigating forward head posture and its influence on postural alignment among desk-based empolyees**

Abd ElHay, A., Elsayed, M. A., Tammam, D., Tawfick, A., Shalaby, R., & Morsi, H. (2025). Investigating forward head posture and its influence on postural alignment among desk-based employees. *Retos, 73*, 1529-1545.

6. **Palliative physical therapy in patients with decompensated heart failure (HF) :Narrative review**

   Mohammed, M., Musa, T. H., Elsayed, M. A., Al Tahla, R., & Morsy, Z. Y. (2025). Palliative Physical Therapy in patients with decompensated Heart Failure (HF): Narrative review. *Jordan Journal of Applied Science-Natural Science Series*, *19*(si1), 22-29.

7. **Emerging Technologies-Assisted Motor Rehabilitation in the management of motor dysfunction in patients with multi-ple sclerosis: Narrative review**

   Mohammed, M., Musa, T. H., Elsayed, M. A., Al Tahla, R., & Morsy, Z. Y. (2025). Emerging Technologies-Assisted Motor Rehabilitation in the management of motor dysfunction in patients with multiple sclerosis: Narrative review. *Jordan Journal of Applied Science-Natural Science Series*, *19*(si1), 30-36.

8. **Determinants ofQualityofLifeAmongHemodialysis Patients: Roles of Associated Comorbidities ,Smoking, Climate Change, and Residence**

   Amany GomaaAtia1 | HaniJameelHamad2 | MohamedAliElsayed3 HudaBadrAbdElhamed4 |
   Hanaa ElsayedElsayedMohamed5 | ShimaaGalalElSayed6
   J Nutr Metab. 2026 Jul 1:2026:6370912.
   doi: 10.1155/jnme/6370912. eCollection 2026.

9. **Effect Of Inspiratory Muscle Training Combined with Low-Level Light Therapy on Pulmonary Function and Pain on Neck Pain Post Thyroidectomy Scar Wound in Premenopausal Females**

   Mohamed Maher El-keblawy, Mohamed Ali Elsayed, Tarek H. Mahmoud, Nadia Mohamed Abdelhakiem, MaiMahmoud Abo Sabee Abo Sabee Sherif, Fatma A. Abdo, Emad Makram Ghattas

   Natural Resources for Human Health 2026, Vol. 6 (3s): 719–732
   DOI: https://doi.org/10.53365/nrfhh.525

PROFESSIONAL EXPERIENCES

I/09/2002 to 31/03/2003 & 1/06/2003 to 31/10/2003:

I was appointed as an intern at ministry of health Hospitals in Elsharkia for one year. I passed two months in each of the following sections:

1. Orthopedics.
2. Neurology.
3. Pediatrics.
4. Medicine.

And one month each of the following sections:

1. Surgery.

2. Gynecology.
3. Pediatrics.
4. Neurology.

19/6/2004 to 2007:
I work as a General Physical Therapy Practitioner in the hospitals of the Egyptian Ministry of Health, (Elsharkia, Egypt)
From 2007 to 2008: CP SUN RISE IN JEDDAH FOR CLINC PEDIATRIC
From 2009 to 2012 : in EL- QASEEM Saudi arabia
From 1/6/2012 to 2022: I work as a General Physical Therapy Practitioner in the hospitals of the Egyptian Ministry of Health, (Elsharkia, Egypt)

SOCIETY MEMBERSHIP:

- Egyptian Physical Therapy Syndicate.

PUBLICATION IN MASTER AND PHD:

International Journal of PharmTech Research

CODEN (USA): IJPRIF, ISSN: 0974-4304, ISSN(Online): 2455-9563
Vol.9, No.6, pp 43-50, 2016

Correlation Between hand function performance and Quality of Life in post-thermal hand injured children

Manal Abdel wahab[1], Alaa A. Fiad[2], Mohamed Ali[3]

[1]Department of Physical Therapy for Growth and Development Disorder in Children and its Surgery Faculty of Physical Therapy Cairo University, Egypt
[2]General and Plastic Surgery, Faculty of Medicine, Zagazig University, Egypt
[3]Faculty of physical therapy Cairo university, Egypt

Article of phd

Virtual reality versus whole body vibration on quadriceps muscle strength in children with thigh burn

https://doi.org/10.53730/ijhs.v6nS9.12530

Ali, M., Nour, H., Zaky, N. A., & Wahab, M. A. (2022). Virtual reality versus whole body vibration on quadriceps muscle strength in children with thigh burn. International Journal of Health Sciences, 6(S9), 1296–1304. https://doi.org/10.53730/ijhs.v6nS9.12530

- **Mohamed Ali** M.Sc in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt
- **Hazem Nour** Assistant. Prof. of General surgery, Faculty of Medicine, Zagazig University, Egypt
- **Naglaa A Zaky** Professor of Pediatric Physical Therapy, Faculty of Physical Therapy Cairo University, Egypt
- **Manal Abdel Wahab** Professor of Pediatric Physical Therapy, Faculty of Physical Therapy Cairo University, Egypt

CONFERENCES

1. Has attended the 8th International scientific of physical therapy. Faculty of Physical Therapy, Cairo University "Physical Therapy and Future Technology" Cairo 3-4 march 2005.
2. Has attended the14th International Scientific Conference of Physical Therapy. Faculty of Physical Therapy, Cairo University "Future of the treatment" Cairo 21-22 march 2013.
3. Has attended the18th International Scientific Conference of Physical Therapy. Faculty of Physical Therapy, Cairo University "Innovative Physical Therapy and Rehabilitation "Cairo 16-17 march 2017.
4. Has attended the21th International Scientific Conference of Physical Therapy. Faculty of Physical Therapy, Cairo University" Physical Therapy and Quality of life" Cairo 28-29 July 2022.
5. **1st Kuwait movement disorders 23 feb 2024**
6. **Prima info day 2025 (14 april 2024)**
7. **1st international scientific conference of middle east association for nutrition therapy & obesity Manto 1 (15 august 2025)**
8. Fourth Scientific Day of the College of Allied Medical Science , Philadelphia university 5-1-2026.
9. Integra Conference in CUC (City University of Cairo) 28-july-2026
10. Manto Conference 2 Nutri-gen:health and welling 7 august 2026
11. Nutri club 2026 annual conference 28 august 2026
12. International Scientific Conference _ SISC2026 (11-9-2026)

WORKSHOPS AND COURSES ATTENDED

1. (CME) Medek Therapy Course In Egyptian General Physical Therapy Syndicate (19–20 June 2026)
2. The Spine Code Course In Egyptian General Physical Therapy Syndicate (19–20 August 2026)
3. Building Your Scientific Reputation Through Strategic Personal Branding (28 August 2026)
4. Clinical Kinesiolgy of the shoulder II: Muscle and joint integrations while raising and lowering the arm- implications for clinical practice 17-7-2026
5. Neuropediatric Surgeries for child and rehabilitation held on 7 august 2026
6. Strategic Personal Brand Architecture & Equity Positioning, Marketing, Public Relations & Influence Organized By MTI University (6 September 2026)
7. Webinar about AI MASRERY BY Dr.Shadt Tarek 9 Oct 2026
8. **From fracture to function (Trochanteric & Proximal hip fractures) 10 july 2026**
9. Knee Symposium from injury to function 12 hours course (19 &26 june 2026)
10. **Shoulder injuries post-operative rehab concept 11 may 2026**
11. Workshop Of Cupping Therapy For Students At Philadelphia University (7 January 2025)
12. **Postoperative lumbar laminectomy rehabilitation guidelines 8 feb 2024**
13. VISITING FOR ELRAYA AND ELDAHASHMA SCHOOLS IN 11-12-2024 FOR CHECK PROBLEMS IN SPINE AND HOW PROTECT YOURSELF

14. "HOW TO BE A GOOD CHIROPRACTROR" 25 august 2023 by general physical therapy syndicate.
15. "Back Dysfunction: Problem and Management " 9 Dec, 2005. By general physical therapy syndicate.
16. "New Era in Sport Injures: Prevention and Treatment " 1st Oct 2004 By General Physical Therapy Syndicate.
17. "New Trends of Physical Therapy Modalities in Treatment of Bleeding Disorders" By Faculty of Physical Therapy 2006.
18. "Physical and Surgical point of view for Shoulder Disorders" By Al-sharqia physical therapy syndicate. 21 Nov, 2014
19. "Strategies for stroke Patients" By Al-sharqia Physical Therapy Syndicate. 2016
20. "EMG: Basics and Applications" By Al-sharqia Physical Therapy Syndicate 12-19-26/4/2013.
21. Advance Physical Therapy with NCV and EMG application" 24-25 Dec 2019 to 14 feb 2020. In Fakous hospital BY Sharkia Health.

OTHER COMMUNITY ACTIVITIES

1. **حضور الدورة التدريبية فى المركز القومى للتدريب بعنوان القضاء على فيروس سى والكشف على الأمراض غير السارية) يوم 3 فبراير 2019**
2. **المشاركة فى الفحص فى حملة رئيس جمهورية مصر العربيه للقضاء على فيروس سى ومبادرة 100 مليون صحة من االفترة من 1-3-2019 حتى 30-4-2019 فى مستشفى ههيا المركزى**
3. **التكريم من نقابة صيادلة الشرقية للمشاركة فى تطوير مهنة الصيدلة وانشاء قسم للصيدلة الاكلينيكى فى مستشفى ههيا المركزى سنة 2020**
4. **اجتياز الدورة التدريبية بامتياز بعنوان الارشفه الالكترونية والتحول الرقمى لمديرى المستشفيات الحكومية من 9-11-2020 الى 12-11-2020**
5. **العمل بمنصب مدير المكتب الفنى ونائب لمدير مستشفى ههيا المركزى من الفترة من 2015 وحتى 2023**
6. **العمل بمنصب مدير مناوب للمستشفى وقائم بأعمال مدير مستشفى ههيا المركزى فى الفترة المسائية من الفترة 2019 وحتى** 2023
7. **المشاركة فى انشاء بنك تجميعى بمستشفى ههيا المركزى عام 2016**

8. **عمل حملات مكثفه للتبرع بالدم فى مركز ههيا وجميع القرى بواقع حملتين تبرع بالدم على الاقل شهريا**
9. **الاشراف على العلاج الطبيعى والغذائى لأبطال العالم فى الكاراتيه بنادى ههيا الرياضى**

البطلة بسملة محمود حسن (بطلة العالم للكاراتيه امريكا 2019)

البطلة جنة محمود حسن (بطلة العالم للكاراتيه قونيه 2022)

البطل محمود عبد العزيز الحصين (اول عالم للكاراتيه كرواتيا 2022)

البطل محمد على ابو بكر الصديق (ذهبيه البطولة العربية بالقاهرة 2022)

البطل محمد على ابو بكر الصديق (ثالث العالم للكاراتيه 2023)

Computer skills:

Fundamentals of Digital Transformation Certificate 2022

Skills of computer: Fundamentals of Digital Transformation Certificate (5 Mandatory Modules + 2 Electives: (Web Search – Mobile App.) From: 08/2022 to: 07/2027

Language skills

English: very good in speaking, writing, reading, and listening with 500 degrees in national TOEFL exam.

and A1 German (A1 DEUTSCH)

REFERNCES:

1.PROF.DR. MANAL SALAH EL-DIEN

Prof. Of Phys. Therapy, Dept. For Phys. Therapy For Growth And Develop. Disorder In Children And Its Surgery Fac. Phys. Therapy
Cairo Univ.

MOBILE: 01111177113

2. Dr. SAEED AHMED YOUSEF ATWA
Head of Physical Therapy department in Hehia Central Hospital, Elsharkia, Egypt. Tel. (002)0124443313

Job description:

I have been graduated in may 2002, with bachelor degree then I have got my internship in September 2002 till October 2003 with training in different departments in rounds two months in: Orthopedics, Neurology, Pediatrics and Medicine my role was treatment of those patients who were referred to our department where ever inpatient or out patient clinics then I was trained in surgery department it was for cardiac, chest and burn patients I gave them therapeutic exercises and electrotherapy(ultrasound therapy, infrared therapy, laser therapy, faradic stimulation, and TENS for pain treatment).

Then I started working in outpatient clinics in the hospitals of Egyptian ministry of health in Elsharkia governorate as physiotherapy specialist starting 2004 till the present moment my role was testing and measuring all the cases referred to our department and planning the treatment for them and applying my plane of treatment applying all the physiotherapy treatment ways in treating our patients reaching with them to accomplish all ADL activities.

The patients I have been dealt with them were stroke patients, orthopedic cases, C.P cases in pediatric department, nerve injuries, chest patients and now we are going to make physiotherapy department in a newly built hospital for burn

IN ADDITION:

I can deal with the students and provide them well understanding for the scientific materials they study, I am interesting in teaching and its different ways, and I am also very good in English (speaking, reading, listening, and writing). I am good in computer Microsoft office and internet dealing

Skills of computer: Fundamentals of Digital Transformation Certificate (5 Mandatory Modules + 2 Electives: (Web Search – Mobile App.) From: 08/2022 to: 07/2027